

# HCA YB



## Rules and Regulations

*HCA YB is developmental basketball. There are no trophies or medals at this event. The guaranteed round robin format is meant to encourage coaches to play their players on an “equal-play” basis. How a coach chooses to accomplish this is based on his/her discretion. Please model good sportsmanship, develop the players and have fun.*

**H.S.A.A. rules will apply except for the differences listed below.**

**Game Timing:** Two 20 minute halves with a running clock. The clock will begin stopping on all dead balls with 2 minutes to go in each half. If there is more than a 25-point spread in a game *both coaches must agree to waive the stop clock during the last 2 minutes.*

**Fair Play:** All defenses and offenses are allowed. However, coaches need to pull their full court and/or half court press if ahead by 20 points or more. All trapping defenses are considered a press.

**Overtime:** There will be a 2-minute overtime in all games ending in a tie. One (1) time out per team with no carryovers. A jump ball will start each overtime period. *Sudden death determines the outcome of the second O.T.*

**Time Outs:** Three (3) thirty (30) second time outs per half-NO carryovers.

**Technical Fouls:** *of any sort will not be shot; 2 points will be awarded to the opposing team plus the ball. A second technical and the offending player/coach/fan is out of the gym. Fighting, abusive language, trash talk, taunting, and other abuse by players, coaches or fans will not be tolerated.*

**Timekeepers and Scorekeepers:** Each team will be required to provide one responsible (preferably an adult) scorekeeper per game: Home team provides the game ball and keeps the official book. Visiting team operates the clock/ scoreboard.